

DUAL ADJUSTABLE PULLEY SMART / 1FE122



Features

- CABLE LENGTH 4,4 M
- LOAD RATIO 1:4 - GRADUAL VARIATION 1,25 KG
- 2 MULTIPURPOSE HANDLE INCLUDED
- ILLUSTRATIVE CHART

Technical Info

- MULTIFUNCTIONAL MACHINE: UNLIMITED TRAINING POSSIBILITIES
- JOINTED ARM FREEMOTION 360° WITH HEIGHT ADJUSTMENT
- MULTICHINNING BARS
- 2 EASY STEPS

FEATURES

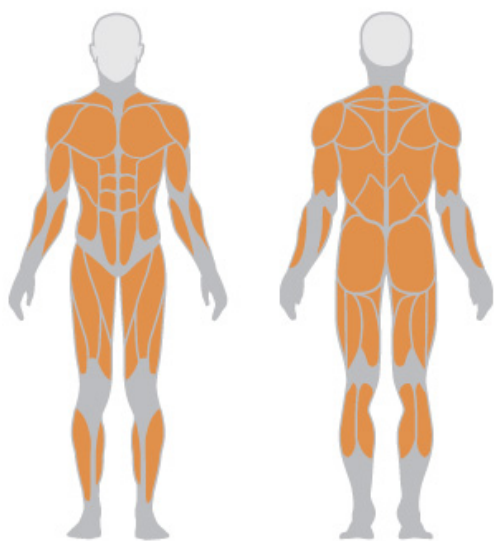
Versatile and easy equipment, allows the user to perform various type of exercise: functional training, athletic training, rehabilitation and postural training. Thanks to the height adjustments and to the free motion joint 360° the equipment fits to any type of user.



FULL OPTIONAL WALL 1FN101

DYNAMIC REGULATION SYSTEM			
2 COMBO DUAL HAND GRIPS	2CZ1603	included	
SWING BAR	2CZ1604	optional	
WAIST BAR	2CZ1605	optional	
CURL BAR	2CZ1606	optional	
STRAIGHT BAR	2CZ1607	optional	
TRICEPS ROPE	2CZ1604	optional	
MULTI-EXERCISE BAR	2CZ1608	optional	
PRESSDOWN BAR	2CZ1609	optional	

MUSCLES



TECHNICAL SPECIFICATIONS

Width	150 cm
Length	120 cm
Height	235 cm
Weight	390 Kg
Standard Load	100 Kg
Optional Load	120 Kg

TRAINING

UPPER

CHEST / standing pullover (bar)

BACK / chinning large

SHOULDER / standing lateral raise

BICEPS FOREARMS / biceps curl

TRICEPS / french press (rope)

LOWER

QUADRICEPS / squat

QUADRICEPS / walking lunges (belt)

HAMSTRINGS / standing leg curl

GLUTEUS / gluteus in quadrupedia

CALVES / standing calf raise

CORE

ABS / kneeling crunch

ABS / side bend / one handle

LOWER BACK / deadlift

HIPS / hips abduction

JOINTS / rotation cuff

SPORT

JUMPS / squat jump

SPRINT / sprint start

STABILITY / fitball crunch

SPORT ACTION / football kick

SPORT ACTION / baseball bat

Via Madonna della Fonte 3/c - 62021 Apiro (MC) Italy

T. +39 0733 611824 - F. +39 0733 611777

www.panattasport.com - info@panattasport.com

Panatta® reserves the right to modify its products and documentation at any time without prior notice. All Panatta® brand and patents are owned by Panatta s.r.l. in Italy and abroad. Panatta © Copyright.

Panatta® si riserva il diritto di modificare i prodotti e la documentazione senza obbligo di preavviso. I marchi ed i brevetti Panatta® sono di proprietà della Panatta s.r.l. in Italia e all'estero. © Copyright Panatta.

The accessories (dumbbells, discs and barbells) are always placed as decorum therefore not included in the machine.