

PULLOVER MACHINE / 1FW139



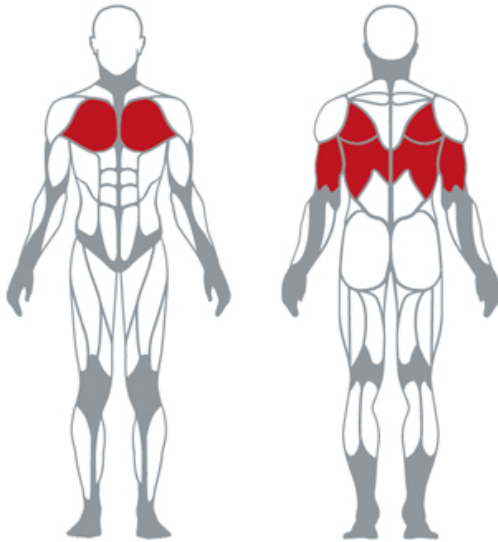
The Pullover Machine reproduces the historic multipurpose exercise performed with the barbell or dumbbells with a full range of motion, synergistically activating the pectoral and grand dorsal muscles. It is characterized by:

- GAS ASSISTED HEIGHT ADJUSTABLE SEAT;
- GAS ASSISTED DEPTH ADJUSTABLE BACKREST;
- FULL ROM UP TO 240 ° OF SHOULDER EXTENSION;
- LEVER SYSTEM PLUS CAM TO ENSURE A NATURAL ADAPTATION OF THE LOAD;
- HANDLE WITH MULTIPLE GRIPS FOR A NARROW (WITHOUT ELBOW REST ON THE PADDING) OR MEDIUM WIDE GRIP (WITH ELBOW REST);
- COUNTERBALANCE TO ZERO THE EMPTY WEIGHT OF THE OPERATING LEVER;
- LOCKING BELT FOR GREATER TRUNK STABILITY;

Optional:

- 6 ADDITIONAL WEIGHT HOLDERS.

MUSCLES



TECHNICAL DATA

Width	150 cm
Length	180 cm
Height	165 cm
Weight	230 Kg
Maximum load	135 Kg

WORK OUT



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The accessories (dumbbells, discs and barbells) are always placed as decorum therefore not included in the machine.